

Andrea M. Clement

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SUMMARY

Yoga teacher, outdoor educator, and retreat guide passionate about fostering connection to self, community, and the natural world through movement, meditation, and mindfulness.

EDUCATION

B.A. Evolutionary Biology & Ecology; Geography | University of Colorado – Boulder 2020

YOGA EDUCATION & TRAININGS

200-hour YTT – Vinyasa & Women’s Yoga | Devi Yoga for Women - Boulder, Colorado 2017

200-hour YTT – Traditional Hatha Yoga | Arhanta Yoga Ashram - Khajuraho, India 2016

17 Day Silent Meditation Retreat | Hridaya Yoga - Oaxaca, Mexico 2024

10 Day Silent Meditation Retreat | Hridaya Yoga - Oaxaca, Mexico 2023

Hatha Yoga Module 1 Intensive (28 days) | Hridaya Yoga - Oaxaca, Mexico 2023

TEACHING & STUDIO EXPERIENCE

Independent Yoga Teacher & Retreat Guide 08/2016 – Present

Andrea Clement Yoga – Various Locations

- Led 3-20 participants in yoga-centered events, talk circles, and backpacking trips.
- Guided Hatha and Vinyasa asana, breathwork, meditation, and relational workshops.
- Planned event logistics including itinerary, travel, gear, costs, lodging, food, and hikes.

Yoga Studio Assistant 05/2019 – 02/2020

Core Power Yoga South Boulder - Boulder, Colorado

- Assisted instructors and students in vinyasa, hatha, and gentle yoga classes.
- Managed opening/closing duties, studio organization, and student support.

Yoga Teacher 04/2017 – 09/2017

Grassroots Yoga - Boulder, Colorado

- Led 1-10 students in vinyasa flow and hatha asana, breathwork, and meditation.

Yoga Studio and Administrative Assistant 11/2015 – 03/2018

The Little Yoga Studio - Boulder, Colorado

- Welcomed guests, processed payments, and maintained Mindbody client records.
 - Supported studio operations through organization, cleaning, and student onboarding.
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RELATED PROFESSIONAL EXPERIENCE

Bartender/Server | *Various Location* 06/2011 – Present

Park Ranger and Nature Educator | *National Park Service: Yellowstone NP* 05/2024 – 04/2025

Marine Biologist/Environmental Scientist | *A.I.S. Inc: Anchorage, AK* 08/2021 – 03/2024